



## Discover Seabrook Island Your Way with Personalized Getaway Itineraries

**Seabrook Island, S.C.** — Whether planning a relaxing retreat or an action-packed vacation, [Seabrook Island](#), located a short driving distance from historic Charleston, is the ideal getaway for groups of any size or age. Take the guesswork out of planning the perfect vacation with personalized itineraries for families, couples and friends.

### **Where to Stay**

Seabrook Island has a wide variety of homes, villas and cottages for rent in settings ranging from ocean and tidal creek views to golf course and secluded maritime forest locations. Cottages and villas are ideal for couples or small groups, while homes will appeal to larger groups and families. To view available rentals, visit <https://goo.gl/7pJ8Mk>.

### **Where to Dine**

The Seabrook Island Club provides a variety of indoor and outdoor dining venues. [Pelican's Nest](#) at the Beach Club offers casual summer oceanfront dining with fresh and local seafood, a full-service bar and live music. The [Sea View Terrace](#) features intimate al fresco dining with striking oceanfront views. [Bohicket's Lounge](#) overlooks stunning views of the two championship golf courses and offers a casual dining atmosphere. For a formal dinner, [Palmetto Room](#) features upscale Southern cuisine and fresh local seafood.

### **What to Do**

- **Family Vacation:** With activities for every member of the family to enjoy, Seabrook Island is the ultimate destination for a family vacation.
  - **Hang by the Pool:** The [Beach Club](#) features two oceanfront pools with play areas for kids and an adjacent indoor game room devoted to excitement for all ages, including billiards, ping pong, foosball and air hockey tables. The [Lake House](#) features an indoor aquatic center with swim classes and an outdoor pool with separate toddler and adult swim areas next to an extensive sun-shaded table and lounge area.
  - **Horseback Riding:** For the little ones, parent-led pony rides are available at the [equestrian center](#). For those 8 and up, schedule a meandering ride through the scenic woods, marshes and creeks.
  - **Explore the Great Outdoors:** [Pelican Beach](#) is the perfect choice for young children to swim in the soft waves and slow current of the Edisto River as it meets the Atlantic Ocean. Wildlife is abundant on Seabrook Island, so the whole family can enjoy beachcombing, dolphin-watching, fishing, birdwatching, biking, crabbing and much more. On early summer mornings, the whole family will enjoy watching the nationally renowned Turtle Patrol check the turtle nests and help hatchlings march to the ocean. Even the dog can enjoy a walk or swim off leash on beautiful North Beach.
  - **Camp Seabrook:** The Seabrook Island Club offers daily and weekly [camp sessions](#) every summer. Activities include island excursions, athletic workshops, pool fun, pony rides,

crab fishing, mini theater plays, arts and crafts, culinary classes, kickball, nature hikes and educational workshops.

- **Romantic Retreat:** Seabrook Island is the ideal destination for a romantic getaway. From sunrise to sunset, the natural landscape of Seabrook Island is a masterpiece in its own right.
  - **Relax at the Beach:** Seabrook Island lays claim to one of the longest and most dynamic expanses of beach shoreline, so there is never a shortage of secluded spots.
  - **Couples Massage:** Schedule a side-by-side massage at nearby [Freshfields Village](#)'s Urban Nirvana to melt away any the off-island stress and reconnect with your significant other.
  - **Romantic Sunset Cruise:** Set sail on a sunset cruise at Seabrook's [Bohicket Marina](#). For the adventurous couple, the marina offers sailing excursions and fishing charters.
  - **Horseback riding on the beach:** Is there anything more romantic than a horseback ride on the beach? Seabrook Island's [equestrian center](#) is one of the only locations on the east coast that features beach rides.
- **Weekend with the Guys:** Seabrook Island is the perfect spot for a guys' weekend. Whether planning a bachelor party or a reuniting with old friends, Seabrook Island guarantees an adventure to remember for years to come.
  - **Fishing:** [Bohicket Marina](#) at Seabrook Island offers nearshore, inshore and deep sea fishing charters for all skill levels. Afterward, head to the state-of-the art fitness facilities at the [Lake House](#) for a game of pick-up basketball.
  - **Golfing:** Seabrook Island features two challenging and uniquely different [championship courses](#). With uncrowded playing conditions, both courses are certified Audubon International Sanctuaries and offer undisturbed natural surroundings. Head over to [Bohicket's Lounge](#) after a round of golf for stunning views of both courses, a full-service bar and fresh Southern cuisine.
  - **Hang Poolside:** Enjoy the action of the oceanfront pool at the [Beach Club](#), featuring a full-service bar and restaurant.
- **Weekend with the Girls:** Round up your girlfriends and plan the vacation of a lifetime on Seabrook Island with the perfect mix of relaxation and action.
  - **Spa Day:** Treat yourselves to a manicure or spa day at [Synergy Day Spa](#), offering a wide array of massage options and a full-service salon.
  - **Get Active:** Sign up for a standup paddleboard tour at [Bohicket Marina](#), strike up a tennis match, embark on a kayaking adventure, or explore the island's natural environment by bike. Schedule a massage or check out the fitness classes offered daily at the [Lake House](#), including yoga, Pilates, Zumba, aerobics and more.
  - **Soak up the Sun:** The expansive sunbathing decks at the [Beach Club](#)'s oceanfront pool and miles of private, sandy beaches are perfect for lounging with friends.

For more information about Seabrook Island or to book your vacation, visit [www.discoverseabrook.com](http://www.discoverseabrook.com).

###

### About Seabrook Island

Seabrook Island is a destination and residential community with miles of beaches, two beach and golf facilities overlooking the Atlantic Ocean with multiple dining options, two championship golf courses, a

tournament-grade tennis center, full-service equestrian center and fitness/aquatics complex, all set in a 2,200-acre lush maritime environment. Despite its tranquil ambiance, Seabrook Island is located within a short driving distance of historic Charleston, South Carolina.

**MEDIA CONTACT**

Kristina Skalak

Marketing Director, Seabrook Island Club

[kskalak@seabrookislandmarketing.com](mailto:kskalak@seabrookislandmarketing.com)